



## ‘Carers Can Ask’ Treatment and Discharge Planning Resource

**Staff Checklist:** (use these prompts as a checklist to discuss when meeting with family/carers)

**Completed**

<b>Copy of CCA provided?</b>	
<b>Consent/Information Sharing</b> What information will be shared and with who?	
<b>Discharge Planning</b> How does discharge planning occur and who is involved?	
<b>Strengths</b> Explain what strengths the person has to focus on.	
<b>Discharge Summary</b> What is a discharge summary and who receives it?	
<b>Carer’s Role in Discharge</b> What will the expectations be of the carer?	
<b>Relapse</b> What is the likelihood of relapse? Who should the family/carers contact?	
<b>Treatment</b> What is the proposed treatment plan, diagnosis and prognosis?	
<b>Medications</b> Current medication and side effects	
<b>Referrals</b> What referrals have been made?	
<b>Carer Supports</b> What carer supports are available eg. Carer peer support	
<b>Re Accessing the Service</b> How do you re-access the service?	
<b>Relevant Emergency Contacts</b> Provide information on emergency contacts	
<b>After Discharge</b> Who will be the key contacts/services..	
<b>Risk</b> Are there any risks for the patient and their carers	
<b>Anything Else</b> Resources including education programs	

To access this checklist or full version of ‘Carers Can Ask’ visit the Nexus website  
<https://www.svhm.org.au/our-services/departments-and-services/n/nexus/carers-can-ask>